

#### NADIA THE PURPOSEMIDWIFE

### SPIRITUAL GROWTH PROGRAM

**FEBRUARY - DECEMBER 2024** 



#### **PROGRAM OVERVIEW**

Duration: February to December (11 months) Format: Monthly focus with weekly sessions

Core Components:

- Monthly Bible Study: Deep dive into scriptural foundations of the monthly topic.
- Prophetic Reflection: Guided prophetic insight related to the topic.
- Weekly Encouragement: Devotional thoughts and actionable steps.
- Prayers: Focused prayer points and intercession.
- Journals: Tracking personal growth and reflections.
- Community Engagement: Group discussions and sharing testimonies.

#### **TOOLS AND RESOURCES**

- Bible Study Guides: Monthly study handouts.
- Journals: Custom-designed journals for daily reflections.
- Digital Platform: A private group WhatsApp for weekly updates and engagement.
- Videos/Audio: Recorded prophetic reflections and prayers.

## RULES OF ENGAGEMENT FOR THE PURPOSE MIDWIFE SPIRITUAL GROWTH PROGRAM

#### Commitment to the Program

- Participants must commit to the full program and its activities.
- A signed digital agreement to uphold program expectations is required before joining.

#### **Active Participation**

- Attendance is mandatory for the monthly Bible study sessions.
  Participants must attend at least 2 out of 3 sessions in the quarter to remain active.
- Weekly tasks (e.g., reflections, journaling, prayer activities) must be completed and submitted through the designated platform (email, group app, or private chat).
- Engage in group discussions and sharing during prophetic reflections and community activities.

#### Communication and Accountability

- Participants must join the program's communication platform (e.g., WhatsApp or email thread).
- Respond to at least one weekly encouragement message or post a reflection to show engagement.
- Notify program administrators if unable to attend a session or complete an assignment, providing a valid reason.

#### Respectful Conduct

- Interactions within the group must remain respectful, kind, and Christ-like.
- Any personal prophetic words shared in the group must align with biblical principles and the program's guidance.
- Gossip, slander, or divisive behavior is strictly prohibited and will result in removal from the program.

#### <u>Progress Monitoring</u>

- Participants are expected to complete monthly journals to track their growth and submit excerpts (if requested) as part of their accountability.
- A lack of submitted journals or consistent inactivity over a month will result in a private discussion to assess commitment.

#### **Quarterly Reviews**

- At the end of each quarter, participants will undergo a brief review process to assess their progress and commitment. This could include:
- Submission of their spiritual growth journal.
- Sharing a testimony of their experience so far.
- Participation in a one-on-one reflection with a mentor or program leader.

#### **Pruning for Growth**

- Participants who fail to meet engagement requirements (e.g., missing 2 consecutive monthly Bible studies, not completing weekly tasks) will receive:
- A first warning: Encouragement to re-engage and a reminder of program expectations.
- A second warning: A direct conversation with program administrators about their challenges.
- Removal: If inactive for a third instance, they will be kindly removed from the program to maintain a focused and committed group.

#### Re-Entry Policy

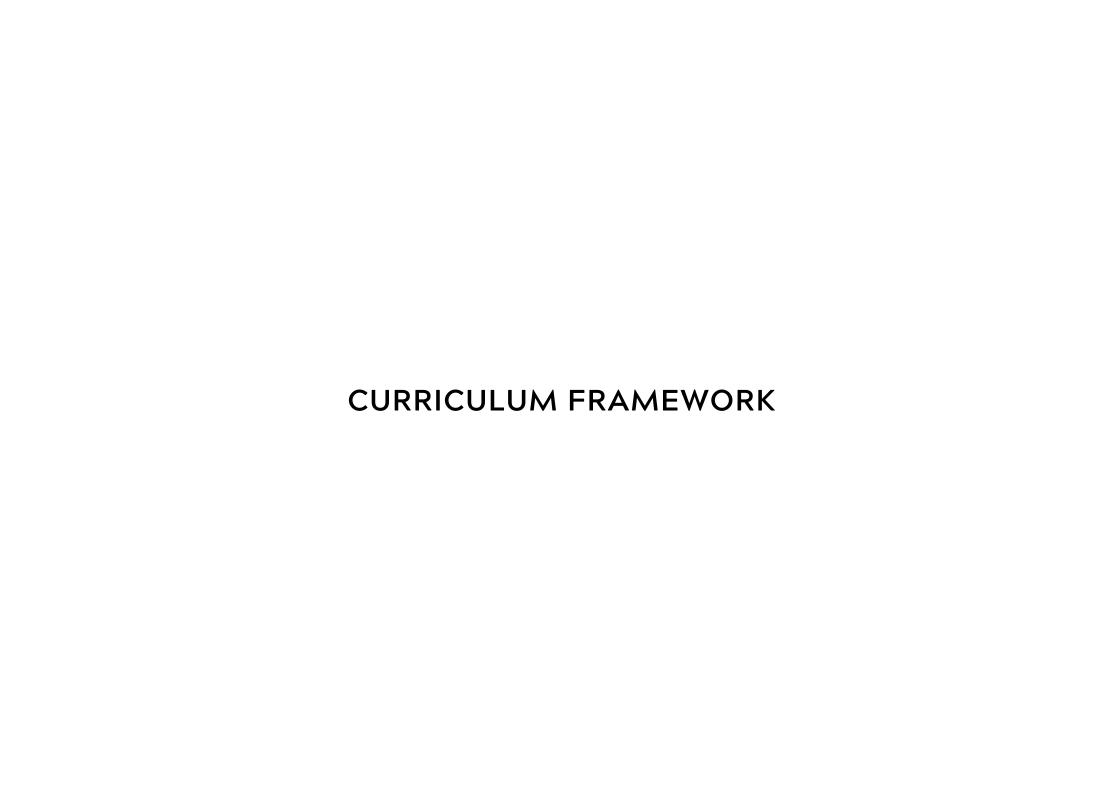
• Removed participants may reapply for a future track after demonstrating readiness and a willingness to commit fully.

#### **Confidentiality**

• All discussions, prayer requests, and prophetic words shared within the program are confidential and must not be disclosed outside the group.

#### No Financial Obligations

 While the program may offer journals or resources for purchase, participants will not be pressured to buy anything to remain active.
 Contributions are voluntary and separate.



#### February: The Foundation of Faith

Focus: Understanding salvation and the basics of walking with Christ.

Key Scripture: Hebrews 11:6; Ephesians 2:8-9

Weekly Breakdown:

- Week 1: What is Faith?
- Week 2: The Power of the Cross
- Week 3: Steps to a Personal Relationship with Christ
- Week 4: Walking by Faith, Not by Sight

Reflection: Recognizing your salvation story and God's promises.

#### **March: Identity in Christ**

Focus: Embracing who you are in Christ.

Key Scripture: 2 Corinthians 5:17; 1 Peter 2:9

Weekly Breakdown:

- Week 1: New Creation Realities
- Week 2: You Are Chosen and Loved
- Week 3: Breaking Free from Old Labels
- Week 4: Walking Boldly in Your Identity

Reflection: Journaling your "I am in Christ" declarations.

#### **April: Hearing God's Voice**

Focus: Learning to discern and trust God's voice.

Key Scripture: John 10:27; 1 Kings 19:11-13

Weekly Breakdown:

- Week 1: Recognizing God's Voice
- Week 2: The Role of the Holy Spirit
- Week 3: Removing Distractions to Hear Clearly
- Week 4: Responding to What You Hear

Reflection: Journaling experiences of hearing God.

#### May: The Power of Purpose

Focus: Discovering and walking in your God-given purpose.

Key Scripture: Jeremiah 29:11; Ephesians 2:10

Weekly Breakdown:

- Week 1: Why Purpose Matters
- Week 2: Identifying Your Unique Gifts
- Week 3: Overcoming Barriers to Purpose
- Week 4: Aligning Your Life with God's Plan

Reflection: Writing your "Purpose Blueprint."

#### June: Faith in Action

Focus: Living out your faith daily. Key Scripture: James 2:17; Galatians

5:6

Weekly Breakdown:

- Week 1: Faith vs. Fear
- Week 2: Obedience as a Faith Step
- Week 3: Faith for the Impossible
- Week 4: Impacting Others
  Through Faith

Reflection: Documenting acts of faith.

#### July: Spiritual Warfare and Victory

Focus: Understanding and overcoming spiritual battles.

Key Scripture: Ephesians 6:10-18; 2 Corinthians 10:4

Weekly Breakdown:

- Week 1: Recognizing the Battle
- Week 2: Putting on the Armor of God
- Week 3: The Authority of the Believer
- Week 4: Walking in Daily Victory Reflection: Writing prayers for spiritual warfare.

#### **August: Cultivating the Prophetic**

Focus: Understanding and operating in the prophetic.

Key Scripture: Joel 2:28; 1 Corinthians 14:1

Weekly Breakdown:

- Week 1: What is the Prophetic?
- Week 2: Biblical Examples of Prophets
- Week 3: Cultivating Sensitivity to the Spirit
- Week 4: Sharing Prophetic
  Words with Wisdom

Reflection: Documenting prophetic impressions.

#### <u>September: The Power of Prayer</u>

Focus: Building a consistent and effective prayer life.

Key Scripture: James 5:16; Philippians 4:6-7 Weekly Breakdown:

- Week 1: Why Prayer is Vital
- Week 2: Different Types of Prayer
- Week 3: Praying with Power and Authority
- Week 4: Praying in the Spirit Reflection: Creating a personal prayer journal.

#### October: Walking in Kingdom Authority

Focus: Operating with God-given authority.

Key Scripture: Luke 10:19; Matthew 28:18-20

Weekly Breakdown:

- Week 1: Understanding Kingdom Authority
- Week 2: Exercising Authority in Daily Life
- Week 3: Authority Over Fear and Doubt
- Week 4: Impacting the World Through Kingdom Living

Reflection: Journaling victories using kingdom authority.

# November: Developing Spiritual Disciplines

Focus: Strengthening your walk with Christ through discipline.

Key Scripture: 1 Timothy 4:7-8; Psalm 119:105

Weekly Breakdown:

- Week 1: The Discipline of the Word
- Week 2: The Discipline of Worship
- Week 3: The Discipline of Fellowship
- Week 4: The Discipline of Fasting

Reflection: Setting personal spiritual goals.

#### **December: Becoming a Light**

Focus: Living as a testimony of God's goodness.

Key Scripture: Matthew 5:14-16; Philippians 2:15

Weekly Breakdown:

- Week 1: Reflecting Christ's Light
- Week 2: Sharing Your Testimony
- Week 3: Serving Others with Purpose
- Week 4: Leaving a Legacy of Faith

Reflection: Writing your testimony and plans for continued growth.

To confirm your participation, complete the form below:

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